

Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs during 2020-21)

Sr. No.	Name of the activity	Organizing unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
1	Workshop organized (Virtual Platform) on 6th and 8th February 2021 titled - 'Gender in everyday life: Breaking the boundaries'	Sociology and Chemistry	DBT STAR	2020-21	500
2	"Menstrual Health and Hygiene" (Expert- Dr. Jyoti Aggarwal) "Importance of Nutrition in health" (Expert- Dietitian Mrs. Hemlata Dabholkar)	BBA- CA	Vidyarthini Manch' of Modern college of Arts, Science and Commerce, Ganeshkhind	2020-21	2290
3	Webinar on Gender Sensitization.	Sociology & Biotechnology	IWC Pune Imperial and Modern College, Ganeshkhind	2020-21	3000
4	Virtual Ramnadi Parikrama"	Kirloskar Vasundhra Group, Pune on 27th February 2021.		2020-21	15
	"Ramnadi photowalk"	Kirloskar Vasundhra Group, Pune 6th February 2021		2020-21	1

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6	Online Quiz on "Plastic Pollution"	Botany Department 27 March – 15th May 2020		2020-21	474
7	Online survey on "Survey on People Perception Towards Plastic Use"	Botany Department 4/15/2020		2020-21	337
8	Anti addiction awareness program for school children Digital addiction(9th Sept)	DBT and IWC Pune Imperial		2020-21	230
9	Health and hygiene for girls student	Inner wheel club Pune Imperial and Vidyarthini Manch (10th Nov)		2020-21	1700
10	Visit to Kolte Patil Labour camp distribution of food and playing games with children of labour camp	Inner wheel club Pune Gen-Z(25th Jan)		2020-21	10
11	Swadhar Ray of Hope NGO Pimpri Spending Time with HIV+children(22nd feb)	IWC Gen-Z (22nd Feb)		2020-21	4
12	Tree plantation drive	Vasundhara abhiya, IWC Gen-Z		2020-21	5
13	Janeev 1	Annapurna Ashram		2020-21	2
14	Janeev 2	Gurukulam Ashram		2020-21	2
15	Janeev 3	Annapurna Ashram		2020-21	2



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16	Masculinities and Mardangi in Asia	Asia Foundation and Men Against Violence and Abuse		2020-21	5
17	Pune Pandharpur Pune	Modern Cycling Club		2020-21	2
18	Webinar on the Topic: "My Family My Responsibility Covid-19" on Wednesday, 14 October 2020 (Time: 04:00pm to 06:00 pm).	Department of Lifelong Learning and Extension, Savitribai Phule Pune University, Pune		2020-21	65
19	Webinar on the Topic: "My Family My Responsibility Covid-19" on Wednesday, 15 October 2020 (Time: 04:00pm to 06:00 pm).	Indian Red Cross		2020-21	67

Number of students participating in extension activities = 8711

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PE Society's Modern College of Arts, Science and Commerce, Ganeshkhind
Department of Sociology & Department of Chemistry (Under DBT Star)

Workshop Report

Title of the Workshop- 'Gender in everyday life: Breaking the boundaries'

This workshop was organized on 6th and 8th February 2021 for the students and faculty members of the Science stream.

Objective of the workshop- The idea was to Unfold the concept of Gender and how it manifested in our everyday life, To explain the variety of ways in which gender is organized within social life and the Understanding of different gender identities. Why is gender equality important?

Inaugural session graced by **Dr. Nivedita Ekbote** (Deputy Secretary PE Society, Coordinator MIBM) and our Principal Dr. **Sanjay Kharat**

First Session- Understanding Concept of 'Gender' session taken by Dr. Anurekha Charl Wagh(Associate Professor, Hyderabad Central University)

Second Session- 'Manifestation of Gender in everyday life' session taken by Dr. Vaishali Joshi (Associate Professor, St.Mira's College, Pune)

Third Session was interactive and title of the session was 'Portrayal of gender' this session conducted by Dr.Megha Deshpande, **Nitin Gawande** and Ms. **Mugdha Chandratreya**

Fourth Session- 'What can be done for gender equality' this deliberation given by Prof. Vandana Palsane (Retd.Associate Professor, Shree Siddhivinayak Girls College, Pune)

Valedictory session graced by Prof. Anjali Kurne (Dean, Social Science, SPPU) and Principal Dr. Sanjay Kharat (MCASC)

Responses from teachers and students were overwhelming. 500 plus Students and faculty members attended this Two day workshop.

The whole workshop was conducted by the Department of Sociology with help from the Department of Chemistry.



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Year 2020- 2021
Report

(Vidyarthini Manch for Girls Students)
Virtual Program (YouTube Live)

Modern College of Arts, Science and Commerce every year conducts a diversified program and takes initiative in women empowerment through the platform Vidyarthini Manch. Modern College of Arts, Science and Commerce has organized Virtual Program for girl students in the Academic year 2020-2021 in collaboration with Inner Wheel Club, Pune. The main objective of this program is to increase the awareness of health and hygiene amongst girls. This program was open to all girl students from various colleges/ institutions. In this regard following session were conducted.

Events detail.

9th November 2020, 3:00 to 5:00 pm

1st Session: **Menstrual Health and Hygiene** (By Dr.Jyoti Aggarwal)

2nd Session: **Importance of Nutrition in Health** (By Mrs.Hemlata Dabholkar)

The First session was started by Dr.Jyoti Aggarwal (Reputed Gynecologist) in this session, she talked about menstrual health and hygiene ,PCOS/ PCOD disease causes and what precautions girls have to take in their day today life. Importance of exercise and healthy diet routine was also discussed by the speaker. Many girls had participated with their personal queries and discussed their health issues with the speaker and received guidance from the Dr.Jyoti Aggarwal.

The Second Session was started by Mrs. Hemlata Dabholkar (Dietitian) in this session, she talked about health and hygiene. Health issues were discussed with students and the girls were informed regarding increase of diseases in women. She also explained regarding improving the immune system by having balance diet which includes iron, proteins and calcium etc. This helped in

increasing the awareness among the students about how they could prevent these diseases and how hygiene would help them. Both speakers explained and shares their valuable inputs with the girls about health and hygiene for their future benefits. At the end of the Program Question Answer session was handled by Dr.Jyoti Gagangrass Madam,Vice principal Arts faculty ,Modern College, Ganeshkhind, Pune.

In previous years this program was held within the college for the college students but this was second time it was held as a Cluster college activity /program. Approximately 2,290 views students participated views were received for in this Virtual program YouTube Live program.

All these programs were successfully carried out under the able guidance of Hon. Principal Dr. Sanjay Kharat and Dr.Nivedita Das ,IWC organizer. These programs were well organized by M/S Suwarna Mhasekar, (Coordinator Vidyarthini Manch), with the help of technical support team of college and other committee members including M/S Mrunal Pardasi, M/S Meenal Jabde, M/S Jyoti Acharya and Dr. Meenakshi Tiwari. The comparing of the program was done by Suwarna Mhasekar and vote of thanks was done by Mrs. Bhagyashree Shastri, President IWC.

Virtual Program Link : //youtu.be/zGkDYJqOWhg

S.J. Mhasekar
Suwarna Mhasekar,
(Coordinator Vidyarthini Manch),



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YouTube Search

Health and Hygiene For Girls Students under Vidyarthini Manch | Modern College Gk. Pune 16

2,292 views · Streamed live on Nov 9, 2020

Top chat replay

- Samiksha Surve Samiksha Surve TYBSC (Computer science), Roll no. 203332105
- Sakshi Mane Sakshi Mane Sy Bca(sci)
- Rutuja Kalate Rutuja Kalate (MSc Biotechnology Part 2-203251051)
- Aditi Kulkarni Aditi Kulkarni FYBCA
- Akanksha Kunjar Akanksha Kunjar (ty bsc comp science div-8)
- Tarini Gangol Tarini Gangwal SYBA Div C
- Vaishnavi Brajdar roll no 201012204 vaishnavi brajdar FYBa div-c
- VAISHNAVI SHEDGE vaishnavi shedge -I Typsc comp science div-AJ rollno :203331010
- Pratik Kakode Pratik Pandharnath Kakode SY BCA
- Neha Ingale Neha Ingale (FY FFT)
- Ravati Lakhe Ravati Lakhe, MSc Biotechnology-2
- Vaishnavi Borekar vaishnavi borekar tyboc
- Komal Bodhane Komal Bodhane (tybcom) 'U'
- Hitarshi Shah hitarshi Shah tyba

Health and Hygiene For Girls Students under Vidyarthini Manch | Modern College Gk. Pune 16

2,292 views · Streamed live on Nov 9, 2020

Top chat replay

- NEHA KAMBLE tybcs div A .roll no .203331036
- Aishwarya Hiranwale AISHWARYA HIRANWALE- TY BSC BIOTECHNOLOGY
- Vishakha Gaikwad Vishakha Gaikwad (S.Y.Bsc biotechnology)
- Sheha TakSale Sheha TakSale roll no (203151015) msc 2 organic chemistry
- Ruchita Kamble Ruchita kamble tybcs div A. roll no 203331011
- Grishma Deshpande Grishma Deshpande M.Sc II Organic Chemistry 203151007
- Purva Navale Purva Navale (Ty bcom)
- Yogita Fulasgar Yogita Fulasgar (Msc part II organic chemistry)203152053
- Prachi Gore Prachi Gore SY Bsc Comp Sci (B 203322180)
- ashwini salve ashwini salve FYbiotech/roll no.203212061)
- Siddhi Deshmane siddhi Deshmane 201013459
- ketaki gavade Ketaki Gavade Ty Biotech
- Disha Shetty Disha Shetty (BSC) 202121028

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REPORT

Gender Sensitization held on 25.09.20

IWC Pune Imperial and Modern College, Ganeshkhind jointly organized a webinar on **Gender Sensitization** by well-known Mountaineer Aparna Prabhudesai. She has scaled Mount Everest in 2017. Students and staff of Modern college participated in the webinar. Program started by welcome address by Principal Dr.Sanjay Kharat. Dr.Jyoti Gagangras Vice-principal Arts Modern college address the participants about the objectives of the webinar. She guided students on how to self-motivated & remain focused in challenging situation. She highlighted on gender equality and diversity inclusiveness. The MOC for the program was Dr.Nivedita Das faculty biotechnology. It was live streaming on youtube channel of Modern college. More than 3000 attendees and viewership.



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Virtual Ramnadi Parikrama


Date: 27th February 2021

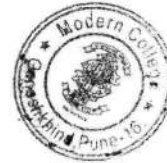
Total Participant: 16


Brief Report: "Virtual Ramnadi Parikrama" was organized online on Zoom Platform by Kirloskar Vasundhra group under "Ramnadi Restoration Mission" on Saturday, 27th Feb 2021 at 11 am – 1 pm. Ramnadi Parikrama was of 90 min virtual journey of rivers, where all 9 stretches and 19 km long river path was shown to ecoranger. Through this 'Parikrama' new team of ecoranger understand Ramnadi, it's stretch and problems also. Total 15 students and 1 teacher have joined for this Parikrama.


Dr. Prachi Kshirsagar
Co-ordinator


Dr. Prachi Raval
HOD, Botany

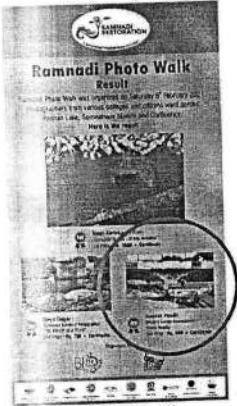
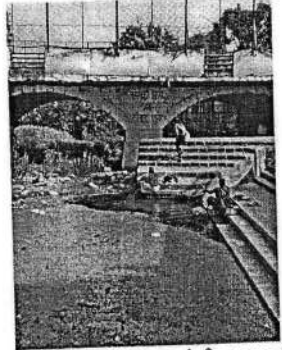




Dr. Sanjay Kharat
Principal




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Modern College of Arts, Science
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Ramnadi Photowalk





Date: February 2021	Total Participant: 1	
 <p>Result of photowalk</p>	 <p>Photo sent by Rounak for competition</p>	
<p>Ramnadi Photowalk was organized by Kirloskar Vasundhara group under "Ramnadi Restoration Mission" on 6th Feb 2021 at which students have visited the entire river path and taken the photograph of river. Mr. Raounak Pandit of class FY B.Sc. won 3rd prize in Photowalk competition.</p>		
 Dr. Prachi Kshirsagar Co-ordinator	 Dr. Prachi Raval HOD, Botany	 Dr. Sanjay Kharat Principal



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Online Quiz on "Plastic Pollution"

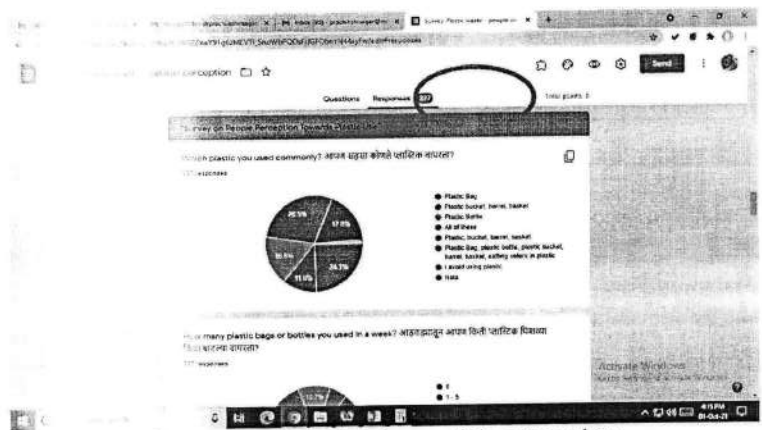
Date: 20 th March - 15 th May 2020	Total Participant: 475	
 <p>Responses copy showing participant number</p>		
<p>Department of Botany have organized an e Quiz under modern Eco-club on plastic pollution. The quiz was organized to aware the participants regarding the effect of plastic on environment. A questionnaire was prepared on Google form and link was shared with students. From the quiz it is observed that only 10 % participants know how much plastic is recycled every year. The quiz was organized under the guidance of Hon. Principal Dr. Sanjay Kharat.</p>		
 <p>Dr. Prachi Kshirsagar Co-ordinator</p>	 <p>Dr. Praehl Raval HOD, Botany</p>	 <p>Dr. Sanjay Kharat Principal</p>


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Pune-411 004



Online survey on "Survey on People Perception towards Plastic Use"

Date: 15 April 2020 Total Participant: 338



Responses copy showing participant number

Department of Botany, P.E. Society's, Modern College of Arts, Science and Commerce, Ganeshkhind, Pune 16 have organized an online "Survey on People Perception Towards Plastic Use" on 15th April 2020 under Modern Eco club. The survey questions was designed in such a way that to understand the people perceptions towards use of plastic. From the survey it is clear that the 80 – 85 % people started using cloth bag while going for shopping. 80 % people say although they aware about the effect of plastic pollution but as it is available easily they use

[Signature]
 Dr. Prachi Kshirsagar
 Co-ordinator

[Signature]
 Dr. Prachi Raval
 HOD, Botany

[Signature]
 Dr. Sanjay Kharat
 Principal

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 Principal
 Modern College of Arts, Science
 & Commerce, Ganeshkhind,
 Pune 16

Press Note:

Progressive Education Society's

MODERN COLLEGE OF ARTS, SCIENCE & COMMERCE, GANESHKHIND,

PUNE -16

Department of Biotechnology and Inner Wheel Club of Pune Imperial jointly organized an Informative and interactive session (Extension activity) under DBT star status scheme

Audience.

on

DIGITAL ADDICTION AND ITS IMPACT ON YOUNG ADULT -9th September, 2020

Virtual platform

The program was introduced to Virtual audience by Dr. Nivedita Das from Modern College and Inner Wheel club of Pune Imperial who coordinated the event.

Principal Dr Sanjay Kharat in his welcome address talked about Modern college Ganeshkhind having a symbiotic relationship with number of social organizations and to continue to have the same with Innerwheel club of Pune Imperial and informed the attendees about the importance of today's such a relevant topic of interaction. He congratulated the department of biotechnology of Modern college Ganeshkhind for organizing such type of Informative and Interactive sessions. He further highlighted about the various functional tie ups of the college with foreign Universities like of Melbourne, Australia and with various NGO's and Social organizations like Rotaryclub, Lions Club etc . He then welcomed the Guest speaker Mrs. Shobha Shrikant Past President of Innerwheel Club and certified trainer from JPIP . The Vice Principal Science Mrs. Swati Kandharkar also added up focusing on how the social media has affected today's youth. DBT Coordinator Dr.Vinay Kumar highlighted on the activities organized under DBT. Dr.Nivedita Das faculty biotechnology introduced the guest speaker. It was followed by Session-1 where an impressive and very informative Presentation by the Mrs Shobha Shrikant from IWC Pune Imperial conducted an interactive and thought-provoking session for the students. During Covid Pandemic how everybody is hooked to Digital media continuously and how eventually one gets addicted. She also elaborated on how Digital Addiction affects you mentally and physically. She gave emphasis on using Digital Media to your advantage and not for your downfall. One should not allow a digital device to control you. She is a certified Jnan Prabodhini trainer on 'Self-awareness in Youth for Anti Addiction Motive' .

President of Inner Wheel Club of Pune Imperial Mrs. Bhagyashree Shastri and 9 members of IWC Pune Imperial and all the faculty members of biotechnology and other departments along with dignitaries from their respective organizations attended the program.

In the second part of the program, Dr Geetanjali Litke from biotechnology department introduced everyone to Session-2. Where T.Y.B.Sc.Biotechnology students gave wonderful presentations on DIGITAL ADDICTION for the 8th,9th and 10th class students of J.B.Murkute school Aundh Pune and explained them in Marathi. Mrs.Dipali Mahajan Principal J.B. Murkute school along with 05 staff members and 52 students attended. Total no. of students and staff

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from Modern college attended were around 180. Vote of thanks was proposed by Dr. Geetanjali Litke.

Feedback : Trisha N Dhande (TY BSc Biotechnology) I'm greatly thankful to Dr Nivedita Das our Faculty and the college who never fails to give chance to students to show there aptitude whenever possible. This session not only made us make presentation for the children and the red or unknown fact about the topic. We gained a lot inspite of having a virtual session.

Girish Kulkarni and Rutuja Kale Suhas T.Y biotech attached and feedback by School children attached in mail.



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REPORT

Health and Hygiene webinar on 10/10/20

A webinar on Health and Hygiene for girls students under Vidyarthini Manch was organised jointly with Modern College ASC, Ganeshkhind and Inner wheel club of Pune Imperial. District Chairman Innerwheel Anuradha Chandak was the Guest of honour. Dr. Sanjay Kharat Principal Modern college gave the welcome speech. Speakers, Gynaecologist Dr. Jyoti Aggarwal talked on menstrual hygiene and Nutritionist Mrs. Hemlata Dabholkar talked on diet & Nutrition during adolescent. The talk were followed by question answer sessions and Dr. Nivedita Das faculty biotechnology facilitated the session. Moc for program was Modern college Ganeshkhind, Vidyarthini manch co-ordinator Suwarna Mhasekar. The webinar was streamed live On YouTube and received 2.2k viewership.

Progressive Education Society's
Modern College of Arts, Science and Commerce, Ganeshkhind, Pune 16
And
Inner Wheel Club of Pune Imperial
Jointly organizing

Program on "Health and Hygiene"
for girls students under Vidyarthini Manch
Speaker 1:-Dr. Jyoti Aggarwal
Speaker 2:-Mrs. Hemlata Dabholkar

On 9th November 2020 at 3:00 pm
Please join using link :
<https://youtu.be/zGkDYJqOWhg>

Suwarna Mhasekar Mrs. Bhagyashree Shastri Dr. Nivedita Das Dr. Sanjay Kharat
Coordinator President Inner Wheel Club Organizer Principal

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DEPARTMENT OF BIOTECHNOLOGY

MODERN COLLEGE ARTS, SCIENCE and COMMERCE GANESHKHIND, PUNE-16

Extension Activity : Visit to KoltePatil Labour Camp

DATE: 25th Feb 2021

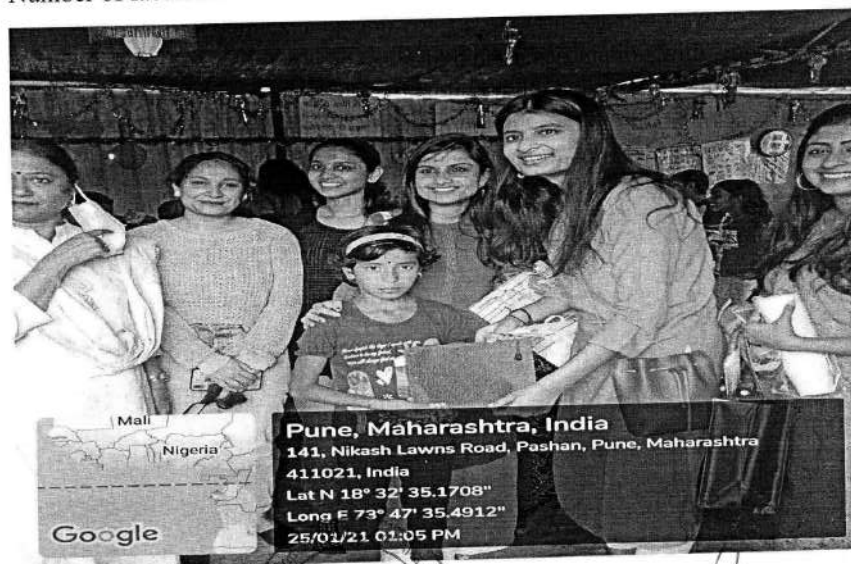
On the occasion of Kanetkar Jayanti 25th Feb 2021 the Department of Biotechnology, Modern College Ganeshkhind in association with students and members of IWC-Pune GenZ, visited Kolte Patil labour Camp where they played games with the children and distributed food items . Dr. Nivedita Das ,Dr.Pooja Rana and 10students of biotechnology who all are members of IWC Gen-Z organized and actively participated in the activity.

Number of Biotechnology students: 10

Number of IWC-GenZ members: 10

Number of Children of Labour camp: 25

Number of faculties: 02



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PE Society's
Modern College of Arts Science & Commerce,
Ganeshkhind, Pune

Department of Biotechnology

Extension Activity : Visit to Swadhar NGO

Date: 22/02/21

Venue: Swadhar NGO for HIV positive children

Report:

The girl students of biotechnology department, member of Inner wheel club Pune Gen Z(4) participated actively in this project. This was a project at Swadhar for HIV positive children. The students and other club members interacted with the children and spent quality time with them.



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DEPARTMENT OF BIOTECHNOLOGY

MODERN COLLEGE ARTS, SCIENCE and COMMERCE GANESHKHIND,PUNE-16

Extension activity : **TREE PLANTATION**

DATE: 7th Feb 2021

VENUE: TUKAI HILLS. BANER

On 7th Feb 2021 the Department of Biotechnology, Modern College Ganeshkhind in association with IWC-Pune GenZ, under the guidance of Vasundhara Abhiyaan, have been actively involved in the conservation of environment. Dr. Nivedita Das and 5 students of biotechnology who all are members of IWC Gen-Z planted several saplings on Tukai Hills Baner,Pune.

Number of Biotechnology students: 05

Number of IWC-GenZ members: 05

Number of other participants: 15

Number of faculties: 01



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Commerce, Ganeshkhind, Pune-16.



P.E.Society's Modern College of Arts, Science and Commerce

Ganeshkhind , Pune

Academic Year

2020-21

REPORT OF JANEV

The programme is undertaken to inculcate social values in students. It is important to understand what society wants from them . The program helps them to analyses the situation of society.

Objectives :

1. The students should understand the situation of Orphan Children.
2. It is implemented for Donation habits and to know social responsibilities.

Four donation drive were held during the year

Date & Day	Duration	Students	Teachers	Amount
15/7/2021	1 Day	2(F)	1(F)	1000
17/10/2020	1 day	20(12-F)(8-M)	1(F)	3000
15/1/2021	1 Day	1(M)	6 (5-F)(1-M)	3472
1/2/2021 to 4/2/2021	4 Days	2 (M)	20(18-F)(2-M)	6745

Details of Donations:

Donation by Students to Annapurna Ashram Alandi and Gurukulam Ashram Chichwad by Sudents and Teachers for Cooking Oil, Pohe, Soap and paste, Eatable Oil and Groceries as per need of the Ashram. This donation is regularly done for the contribution towards society. College Teaching and Non teaching staff participate in the activity every year. Soaps, Pastes were given as per the number of children so that every child could get it. Other necessary commodities and groceries donated as per the required quantity asked by the NGO. 100 % students benefited form the college help.

OUTCOME: 1. Students remind the activity if it is delayed

2. They used to donate the NGO after leaving college. They develop the habit of charity.

Dr Manjusha Kulkarni

(Co-ordinator JANEV)



Dr Sanjay Kharat

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॥ श्री गणेशाय नमः ॥ ॥ हरि ॐ ॥ रजि. नं. महा. ई/२६६५/९८ पुणे ॥ श्री अन्नपूर्णा माता ॥

श्री माऊली कृपा ज्ञानदान अन्नदान संस्था संचलित

निराधार निराश्रित बालकाश्रम

12 A (a) No. Pn/CIT-V/Regn/20/16/2004-2005/778 | BCG No. Pn/CIT(Exempl)/Tech/80G/283/2016-17/3552
Pan No. AALAS3123L

श्री अन्नपूर्णा माता आश्रम, अन्नपूर्णा माता नगर, वडगांव रोड, आळंदी देवाची, ता. खेड, जि. पुणे - ४१२१०९
Contact No. 9011079968 | 02135-232573

अन्नपूर्णा माता संस्था पुणे
अन्नदान, शैक्षणिक व कलात्मक

पावती क्र. 1026 देणगी पावती दिनांक १५/१०/२०२०

श्री/सौ./ श्रीमती. मॉडर्न कला, शाळा व वाणिज्य महाविद्यालय गणेशखिंड

पत्ता पुणे

यांजकदून अन्नदान /बांधकामा करिता देणगी अक्षरी रुपये तीन हजार रुपये फक्त.

रुपये रोख मिळाले तसेच बँकेवरील चेक नं. _____ द्वारे रक्कम मिळाली.

₹ 3000/- सहकार्याबदल धन्यवाद..! देणगी देणाऱ्याची सही देणगी स्विकारणाऱ्याची सही

Donation by M.Com Students to Orphan Age Alandi



Visit to Gurukulam Ashram Chichwad . A great meet with Padmashree Shri Girish Prabhune.



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We are happy to certify that

Balaji Niwlikar

studying at Savitribai Phule Pune University, Pune
had participated in a Focused Group Discussion on the topic of

Masculinity

organized by

Men Against Violence and Abuse

in coordination with the Department of Sociology, SPPU, Pune

held on *16/3/2021*

as a part of an International Study by

The Asia Foundation and UNESCO, New Delhi

Harish

Harish Sadani

Co-Founder & Executive Director

Men Against Violence & Abuse

S
Principal
Modern College of Arts, Science
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We are happy to certify that

Sheldon Fernandes

studying at Savitribai Phule Pune University, Pune
had participated in a Focused Group Discussion on the topic of
Masculinity
organized by

Men Against Violence and Abuse
in coordination with the Department of Sociology, SPPU, Pune
held on *16/3/2021*

as a part of an International Study by
The Asia Foundation and UNESCO, New Delhi

Harish

Harish Sadani
Co-Founder & Executive Director
Men Against Violence & Abuse

Principal
Modern College of Arts, Science
& Commerce, Ganeshkhind, Pune-16.





We are happy to certify that

Shantanu Kunte

studying at Savitribai Phule Pune University, Pune
had participated in a Focused Group Discussion on the topic of
Masculinity
organized by

Men Against Violence and Abuse
in coordination with the Department of Sociology, SPPU, Pune
held on *16/3/2021*
as a part of an International Study by
The Asia Foundation and UNESCO, New Delhi

Harish

Harish Sadani
Co-Founder & Executive Director
Men Against Violence & Abuse

Principal
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Modern Cycling Club

Pune to Pandharpur Cycling Report

Modern Cycling Club was established in 2018 to promote cycling among students for their physical and mental fitness as well as prosper in nature. Cycling is the best practice to avoid traffic conjunction, reduce air pollution in positive manner. Every year our Modern Cycling Club has organised Cycling Expeditions for more than two days. Few are as follows:

1. Pune to Goa- 500 km in 4 days in Nov 2016
2. Pune to Ashtavinayak – 625 km in 5 days in Nov 2017
3. Pune to Kanyakumari – 1600 km in 12 days in Nov 2018
4. Pune to Pandharpur to Pune – 450 km in 4 days in Dec 2020.

Other than big expeditions, we also organise small rides from our college for 25 km, 50 km, 100 km in one day. We have done cycling to Lonavala, Katraj Ghat, NSS village, Yavat, Dehu Alandi, Sinhgad etc along with our students.

Pune to Pandharpur Cycling :

We have completed Pune to Pandharpur Cycling expedition on 16 to 19 Dec 2020 in four days covered distance of 450 km. This was two way ride and not much strenuous, because distance was not long. We have given name to this expedition as Bhakti-Shakti Ride, for the sake of Vitthal of Pandharpur. It was very wonderful and joyous experience for the ride members. The following members were pedalled so far.

- | | | |
|------------------------|------------------------------|-----------------------|
| 1) Dr. Sanjay Patil | 2) Dr. Deepak Shendkar | 3) Prof. Namdeo Doke, |
| 4) Prof. Sandeep Sanap | 5) Prof. Bhujang Sawaishikre | 6) Bhushali Musale, |
| 7) Samrudhhi Shendkar | 8) Namdeo Manshetwar. | |

This expedition was very special for us in the Corona Pandemic period. There might be risk of Covid disease while communicating long distance. But fortunately our ride was successful. We started this ride from our college on 16th Dec 2020 at 7.00 am. Five teachers and two students were participated in the expedition. All members were experienced in cycling in previous expeditions. First day we pedalled 141 km in 9 hours. We halted at Loni Devkar village, where we stayed at our student's home, viz, Gaurav Devkar and had delicious veg, non-veg food. Next day morning we have started towards Pandharpur via Indapur on Solapur road. The Solapur road is ideal for cycling without any barriers. From Tembhurni we took right towards Pandharpur, this route was usually used for Saint Tukaram Palkhi Marg. Finally we reached at Pandharpur around 2 pm covered 94 km. Our past student Prasad Shirsikar had managed our stay in private lodge near mandir. After getting fresh, we took darshan of Vitthal mandir from outside, because pandemic situation mandir darshan use to shut down before 8 pm.



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Schedule:

Day 1 : Pune to Loni Devkar : 141 km

Day 2 : Loni Devkar to Pandharpur : 94 km

Day 3 : Pandharpur to Nira Wagaj : 120 km

Day 4 : Nira Wagaj to Pune : 121 km

On third day, we started pedalling back towards Pune via different route. This route was known for Saint Dnyaneshwar Palkhi Marg. But this road was under construction for widening purpose. While coming back we met our friend at Natepute, he was Geography teacher in senior college. At night we stayed at friend's (Bhalchandra Dhekane) home at Nira Wagaj covering distance 120 km. The whole area is cultivated as sugarcane. At night we had interaction with sugarcane cutters (shifting labourers) and understand their problems regarding their wages, duration, shelter and education and health problems. In the early morning we have started cycling towards Pune via Baramati. The whole region was lavish green due to sugarcane cultivation. Big canals waters to sugarcane which changed the total agriculture pattern from jowar to sugarcane. Basically this region (eastern Pune district) is drought prone area. Finally we reached Pune via Saswad and Dive ghat at evening covered 121 km distance. In all, we covered 450 km distance in four days. Everyone was satisfied with our Shakti-Bhakti Bicycle Ride.

Dr. Sanjay Patil



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माझे कुटुंब माझी जबाबदारी या विषयावरील वेबिनारचा

अहवाल

प्रोग्रेसिव्ह एज्युकेशन सोसायटीचे मॉडर्न कला, विज्ञान आणि वाणिज्य महाविद्यालय, गणेशखिंड, पुणे आणि आजीवन अध्ययन व विस्तार विभाग, सावित्रीबाई फुले पुणे विद्यापीठ, पुणे यांच्या संयुक्त विद्यमाने माझे कुटुंब माझी जबाबदारी या विषयावरील उपक्रमात 70 विद्यार्थी व प्राध्यापक यांनी बुधवार, दिनांक : १४/१०/२०२० वेळ: ४ ते ६ वाजता सहभाग घेतला.

प्रास्ताविक व मनोगत : डॉ. आबासो शिंदे, कार्यक्रम समन्वय यांनी कोविड परिस्थितीत युवकांची भूमिका याविषयावर जागतिक पातळीवर भारत देशाची ओळख युवकांचा देश अशी आहे. संकटात देखील युवक आपली जबाबदारी ओळखून कार्य करतील त्यासाठी तज्ज्ञ मार्गदर्शक त्यांची उपलब्धी फार महत्त्वाची असते कोविड संकटात आपण आपल्या कुटुंबाची जबाबदारी आपणच घेण्याची वेळ आली आहे. असे मत व्यक्त करून सर्वांचे महाविद्यालयाच्या वतीने सहभागी सर्वांचे स्वागत केले.

प्राचार्य डॉ. संजय खरात, मॉडर्न महाविद्यालय, गणेशखिंड, पुणे यांनी माझे कुटुंब माझी जबाबदारी शासनाची भूमिका या विषयावर 80 ते 90 टक्के लोक कोविडची योग्य दक्षता घेत आहेत परंतु 10 ते 20 टक्के लोक याचे लोकांना याचे गांभीर्य नसल्याने कोविड मुक्त भारत होताना समस्या येत आहेत. शासकीय यंत्रणा सर्वतोपरीने प्रयत्न करित आहेत. आपणही समाजाचा घटक असल्यामुळे आपली जबाबदारी घेण्याची वेळ आली. सध्या विखुरलेले जनजीवन सुस्थितीत येण्याची आपण सर्व आतुरतेने वाट पाहत आहोत. असे मत व्यक्त केले.

प्रमुख उपस्थिती डॉ. धनंजय लोखंडे, संचालक व विभाग प्रमुख, आजीवन अध्ययन व विस्तार विभाग, सावित्रीबाई फुले पुणे विद्यापीठ, पुणे यांनी माझे कुटुंब माझी जबाबदारी विद्यापीठाची भूमिका याविषयी मार्गदर्शन करते वेळी कोविड-19 ही जागतिक समस्या आहे. त्यावर लवकर मार्ग निघावा यादृष्टीने विद्यापीठामार्फत समाजीक जागृतीसाठी माझे कुटुंब माझी जबाबदारी असे उपक्रम हाती घेतले आहेत. माझे कुटुंब मीच कसे



सुरक्षित ठेवू शकतो याचा बोध घेण्याची वेळ आली आहे. समाजात कोविड बाबत समज-गौरसमज मोठ्या प्रमाणात दिसतात. त्यासाठी तज्ज्ञांनी दिलेला सल्ला आत्मसात करून अनुकरण केले पाहिजे.

विशेष उपस्थिती डॉ. सतीश शिरसाठ, आजीवन अध्ययन व विस्तार विभाग, सावित्रीबाई फुले पुणे विद्यापीठ, पुणे यांनी माझे कुटुंब माझी जबाबदारी आजीवन अध्ययन व विस्तार विभागाची भूमिका याविषयी मार्गदर्शन करते कोविडचे समाज प्रबोधन करण्याच्यादृष्टीने विविध संस्था प्रयत्न करित आहेत शहरातील गर्दीचे प्रमाण व गर्दीच्या तुलनेत वैद्यकीय सुविधा अपुरे असल्याने प्रत्येकाने आपली काळजी आपणच कशी घ्यावी यादृष्टीने डिजिटल वेबिनार आयोजित करून आपण सगळे एकत्र आल्याचे व तज्ज्ञांनी दिलेल्या मार्गदर्शना बाबत आनंद व्यक्त केला.

तज्ञ मार्गदर्शक डॉ. एच. ए. बोदडे फॅमिली फिजिशियन, हडपसर, पुणे यांनी माझे कुटुंब माझी जबाबदारी कोविड- १९ याविषयावर मार्गदर्शन करतेवेळी कोविड-19 चा प्रादुर्भाव शिकल्यामुळे संक्रमित होतो. त्यामुळे पेशंटच्या संपर्क अनेक डॉक्टर कर्मचारी येत असले तरी योग्य दक्षता घेतल्यास धोका नसतो त्याप्रमाणेच समाजातील लोकांनी कोविड बाबत भीती न बाळगता योग्य दक्षता घेणे आवश्यक आहे. सतत मास्क वापरणे, दर दोन तासांनी हात स्वच्छ करणे, सुरक्षित अंतर ठेवणे यामुळे तोंड, नाक, डोळे ही मानवी शरीरात जाण्यासाठी प्रवेश द्वारे आहेत. कोविडची वेगळी स्वतःची लक्षणे नाहीत नेहमीप्रमाणे विविध आजारा प्रमाणे सर्दी, खोकला, ताप अशी लक्षणे दिसून येतात त्यादृष्टीने काळजीपूर्वक कोणतीही वस्तू हाताळणी अत्यावश्यक आहे. युवकांनी आपल्या कुटुंबाची जबाबदारी स्वतःपासूनच घ्यायला पाहिजे त्यामुळे अशा सामाजिक उपक्रमातून उपयुक्त मार्गदर्शन घेणे आवश्यक असल्याचे मत व्यक्त केले.

ऑनलाइन फीडबॅक व प्रमाणपत्र डॉ.शिली जाँन, सूत्रसंचालन श्रद्धा जाधव, धनराम वाडजे यांनी व आभार स्वाती देवकाते यांनी व्यक्त केले.

डॉ. आबासो शिंदे
कार्यक्रम समन्वयक



डॉ. संजय खरात
प्राचार्य
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प्रमुख उपस्थिती डॉ. धनंजय लोखंडे, संचालक व विभाग प्रमुख, आजीवन अध्ययन व विस्तार विभाग, सावित्रीबाई फुले पुणे विद्यापीठ, पुणे यांनी माझे कुटुंब माझी जबाबदारी विद्यापीठाची भूमिका याविषयी मार्गदर्शन करते वेळी

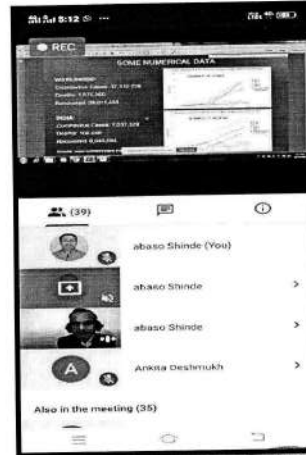


प्राचार्य डॉ. संजय खरात, डॉ. धनंजय लोखंडे, डॉ. आबासो शिंदे डॉ. एच. ए. बोदडे, डॉ. सतीश शिरसाठ



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डॉ. एच. ए. बोदडे फॅमिली फिजिशियन, हडपसर, पुणे यांनी माझे कुटुंब माझी जबाबदारी
कोविड- १९ याविषयावर मार्गदर्शन करतेवेळी



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**जागतिक अंध दिना निमित्त “माझे कुटुंब माझी जबाबदारी”
या विषयावरील वेबिनारचा
अहवाल**

प्रोग्रेसिव्ह एज्युकेशन सोसायटीचे मॉडर्न कला, विज्ञान आणि वाणिज्य महाविद्यालय, गणेशखिंड, पुणे आणि इंडियन रेड क्रॉस सोसायटी, पुणे यांच्या संयुक्त विद्यमाने जागतिक अंध दिना निमित्त माझे कुटुंब माझी जबाबदारी या विषयावरील उपक्रमात ७३ विद्यार्थी व प्राध्यापक यांनी गुरुवार, दिनांक : १५/१०/२०२० वेळ: ४ ते ६ वाजता सहभाग घेतला.

स्वागत व प्रास्ताविक : डॉ. आबासो शिंदे, कार्यक्रम समन्वयक यांनी महाविद्यालयाच्या वतीने सहभागी सर्वांचे स्वागत केले. प्रा. बी.जी. सवयीशिक्रे : अंध विद्यार्थ्यांच्या समवेत आलेलेल्या अनुभवाचा आढावा घेतला.

प्राचार्य डॉ. संजय खरात, मॉडर्न महाविद्यालय, गणेशखिंड, पुणे यांनी जागतिक अंध दिनानिमित्ताने युवकांनी समाजातील गरजूंसाठी आपल्या शिक्षणाचा उपयोग करावा सामाजिक बांधिलकी प्रत्येकाने जोपासणे आवश्यक आहे आपण गरीब असो किंवा श्रीमंत मी समाजातील गरजूंसाठी काय करू शकतो याचे आत्मचिंतन करावे सध्या कोविड संकटाने प्रत्येक देश ग्रासलेला आहे मागील काही महिन्यांपासून शासनाने अनेक उपाय केले माझे कुटुंब माझी जबाबदारी या अंतर्गत समाजातील प्रत्येकाला आपल्या कुटुंबाची आपण काळजी घ्यावी असे आव्हान केले आहे युवकांनी जिथे शक्य आहे तिथे प्रत्येकाला मास्क वापरण्याची विनंती करावी असे मत व्यक्त केले.

तज्ञ मार्गदर्शक : डॉ. दिलीप परदेशी, मानद सचिव ज्युनिअर/ युथ रेड क्रॉस, पुणे यांनी माझे कुटुंब माझी जबाबदारी या विषयावर मार्गदर्शन करताना कोविडच्या जागतिक महामारीत आपण आपली काळजी कशी घेणे आवश्यक आहे. सतत मास्क वापरा दोन-दोन तासांनी हात स्वच्छ करणे आणि सुरक्षित अंतर राखणे आपल्या शरीरात कोविडचा शिरकाव होणार नाही. केंद्र सरकार प्रमाणेच राज्य सरकार देखील सामाजिक



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जबाबदारीतून विविध सोयीसुविधा उपलब्ध करून देत आहे तरी देखील प्रत्येकाने आपल्या कुटुंबाची काळजी स्वतः घेणे आवश्यक आहे.कोविड विषाणू अदृश्य व सुप्तावस्थेत असल्याने ओळखणे कठीण असले तरी आपण त्यावर विजाग मिळू शकतो असे मत व्यक्त केले.

खुली चर्चा : ए. बी. सय्यद, विनोद निकंबे, रूपाली तोडमलकर, डॉ. आबासो शिंदे, भारती कांबळे यांनी सहभाग घेतला.


कार्यक्रम यशस्वी करण्यासाठी प्राचार्य डॉ. संजय खरात, उपप्राचार्य डॉ. गगनग्रास, प्राचार्य आर. व्ही. कुलकर्णी, मानद सचिव, इंडियन रेड क्रॉस सोसायटी, पुणे, डॉ. राजकुमार शहा, सहसचिव, इंडियन रेड क्रॉस सोसायटी, पुणे श्री सतीशचंद्र कांकरिया, अध्यक्ष आपत्ती व्यवस्थापन, इंडियन रेड क्रॉस सोसायटी, पुणे, श्री दीपक शहा यांनी मार्गदर्शन केले.

रेड क्रॉस प्रार्थना व गीत : पायल चांदेरे, वृषाली सुरवशे,पल्लवी,निशा बेडसे,मौनी सोनवने सर्व एस. वाय. बी. ए. यांनी सादर केले.

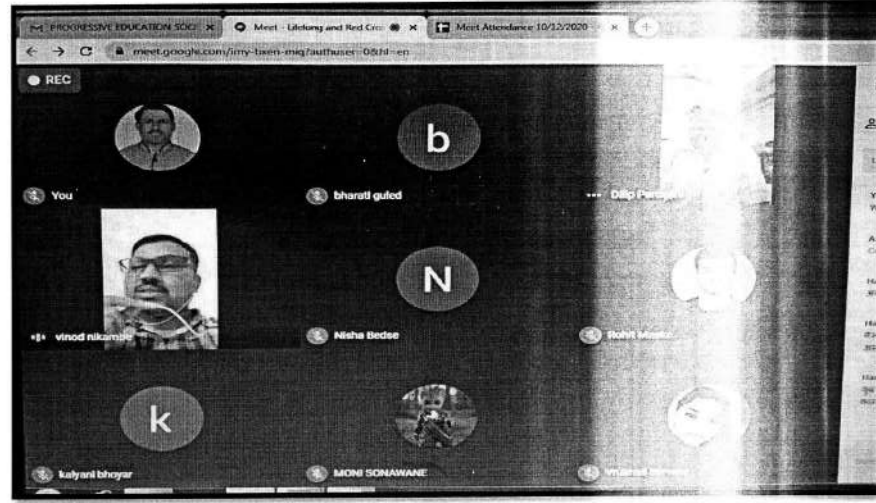
ऑनलाइन फीडबॅक व प्रमाणपत्र डॉ.शिली जांन, सूत्रसंचालन व आभार प्रा.सुष्याणी भोयर, साहिल म्हस्के यांनी व्यक्त केले.

डॉ. आबासो शिंदे
कार्यक्रम समन्वयक

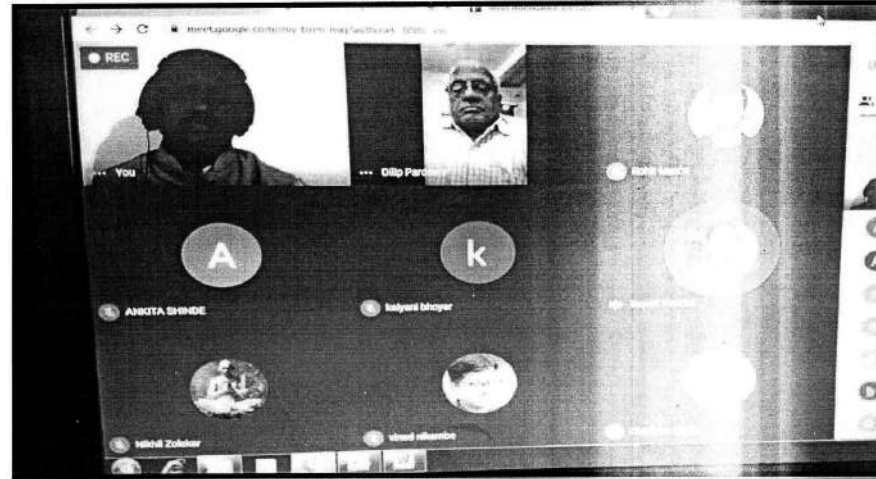
डॉ. संजय खरात
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खुली चर्चा : विनोद निकंबे, रूपाली तोडमलकर, डॉ. आबासो शिंदे, भारती कांबळे



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